

## Ask Your Baby's Doctor

A doctor must write a prescription for you to obtain milk from our milk bank. If you are interested, talk to your pediatrician or neonatologist. If she has questions, encourage her to contact us. We are happy to talk with her!



## Cost of Milk

The costs associated with the milk are not for the milk itself, which is donated by the donor mothers. The costs come from all the testing and the processing of the milk to ensure it is safe and healthy. Your insurance company may cover the costs. This is something you should talk about with your doctor. MMBNE has a Milk Money Fund so we can offer donor milk to families on a sliding scale or for free. Please call us if you wish to ask us about this.

## Want to Know More?

For more information on how to get milk for your baby from the Mothers' Milk Bank of New England please contact us. We have a lot more information to share with you and with your baby's health care provider. Reach us by email, [info@milkbankne.org](mailto:info@milkbankne.org), or by phone, 781-535-7594.

You can find more information on our website:

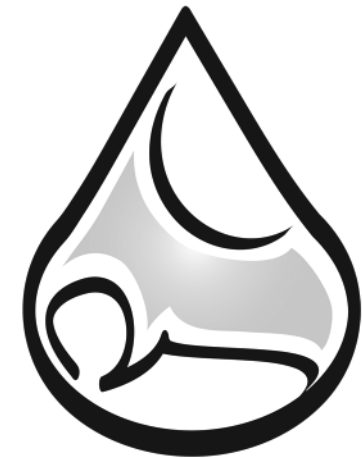
[www.milkbankne.org](http://www.milkbankne.org)

or the website of the Human Milk Banking Association of North America:

[www.hmbana.org](http://www.hmbana.org)

Mothers' Milk Bank of New England  
P.O. Box 60-0091  
Newtonville, MA 02460

## Mothers' Milk Bank of New England



## Receiving Donor Milk for Your Baby

# Congratulations on the birth of your baby!

The birth of a baby is a wonderful and exciting time. But sometimes, for many different reasons, mothers who have had premature or sick babies may not make enough milk right away to meet their baby's needs. Having a premature or sick baby is never easy. You may still be recovering from your pregnancy and your baby's birth, and now you have a brand-new beautiful and precious infant to care for. Like any parent, you want to provide the best possible nutrition and medicine to help your baby or babies grow strong and healthy.

We would like to tell you about our milk bank and donor human milk. You can use donor milk to meet your baby's needs until your own milk supply is enough.



## Human Milk is Food and Medicine for Babies

Mother's own milk is the best food and medicine for babies. Mothers who can't make all the milk their babies need to grow and be healthy can choose to use human milk donated by other mothers. It is supplied by a milk bank like the Mothers' Milk Bank of New England (MMBNE), a member of the Human Milk Banking Association of North America (HMBANA). Banked milk is safe and healthy. It is given to supplement a mother's own milk depending on her baby's needs.

Sometimes, mothers who have delivered healthy babies have more milk than their babies use. They share their extra milk with other mothers and babies by donating it to a milk bank like the MMBNE.

MMBNE pasteurizes this milk using the highest safety standards, and then distributes it to babies and families in need.

## Milk Banking is Safe

Mothers who wish to become milk donors for MMBNE need more than just a large milk supply. They must provide a complete medical history and have their blood tested every six months to make sure they are not carrying diseases that can be transferred to a baby. We also do not accept milk from mothers who take medicine, use drugs or alcohol, smoke cigarettes, or take anything else that might harm any baby.

Once the donor has been screened, she pumps and freezes her milk and sends it to the milk bank. The milk is then pasteurized, which kills all germs (bacteria and viruses) while keeping as many of the nutrients, infection-fighting, and growth factors as possible. In more than forty years of modern milk banking, there has never been a documented case of an infant being harmed by donor milk.